## NOVEMBER

## Middle and High School Breakfast Menu

COMMERCIAL FAST FOOD IS NOT PERMITTED IN THE **SCHOOL CAFETERIAS!** 

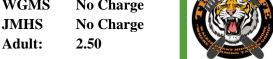
BAG LUNCHES FROM HOME ARE WELCOME.

Menu subject to change

Please see the <u>USDA</u> for nondiscrimination information

**LUNCH** 

**OWG** No Charge  $\mathbf{H}\mathbf{M}$ No Charge **LUES** No Charge **WGMS** No Charge **JMHS** 







Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

## **Additional Items Daily:**

Low Fat Yogurt, Salad Specials Sun Butter/Jelly Sandwich, Vegetarian Options Deli Sandwiches, Bean Salads & Side Salads



Deli Sandwich	es, Bean Salads & Side Salad	ds www.CitySo	www.CitySchoolsCafe.com "Where Learning Tastes Good!"		
1 Hot Ham & Cheese Griller Fresh Fruit Milk	No School  Election Day	3 Mini Bagels w/cream cheese Chilled Juice Milk	4 Waffles w/sausage Fresh Fruit Milk	5 Jumpstart Breakfast Fresh Fruit Milk	
8 Chicken & Waffle Sandwich Juice Milk	9 Sausage Biscuit Fruit Milk	10 Maple Pancakes w/sausage Juice Milk	11 Breakfast Wrap Fruit Milk	12 Jumpstart Breakfast Fresh Fruit Milk	
15 Cinnamon Roll Fresh Fruit Milk	16 Belgian Waffles Fruit Milk	17 Strawberry Pancakes Juice Milk	18 Ham & Cheese Griller Juice Milk	19 Jumpstart Breakfast Fresh Fruit Milk	
22 Breakfast Pizza Chilled Juice Milk	23 Blueberry Pancakes Fresh Fruit Cup Milk	No School	No School	No School	
29 French Toast Sticks Fruit Milk	30 Pancakes w/sausage Fruit Milk			200	