

NOVEMBER

Middle and High School Breakfast Menu

COMMERCIAL FAST FOOD IS NOT PERMITTED IN THE SCHOOL CAFETERIAS!

BAG LUNCHES FROM HOME ARE WELCOME.

Menu subject to change

Please see the [USDA](#) for nondiscrimination information

LUNCH

OWG No Charge
 HM No Charge
 LUES No Charge
 WGMS No Charge
 JMHS No Charge
 Adult: 2.50



Monday

Tuesday

Wednesday

Thursday

Friday

Additional Items Daily:

Low Fat Yogurt, Salad Specials
 Sun Butter/Jelly Sandwich, Vegetarian Options
 Deli Sandwiches, Bean Salads & Side Salads



1 Hot Ham & Cheese Griller Fresh Fruit Milk	2 No School 	3 Mini Bagels w/cream cheese Chilled Juice Milk	4 Waffles w/sausage Fresh Fruit Milk	5 Jumpstart Breakfast Fresh Fruit Milk
8 Chicken & Waffle Sandwich Juice Milk	9 Sausage Biscuit Fruit Milk	10 Maple Pancakes w/sausage Juice Milk	11 Breakfast Wrap Fruit Milk	12 Jumpstart Breakfast Fresh Fruit Milk
15 Cinnamon Roll Fresh Fruit Milk	16 Belgian Waffles Fruit Milk	17 Strawberry Pancakes Juice Milk	18 Ham & Cheese Griller Juice Milk	19 Jumpstart Breakfast Fresh Fruit Milk
22 Breakfast Pizza Chilled Juice Milk	23 Blueberry Pancakes Fresh Fruit Cup Milk	24 No School	25 No School	26 No School
29 French Toast Sticks Fruit Milk	30 Pancakes w/sausage Fruit Milk			